



Are you lost in a paradox of struggle and confusion concerning **your health and your optimal wellness?**

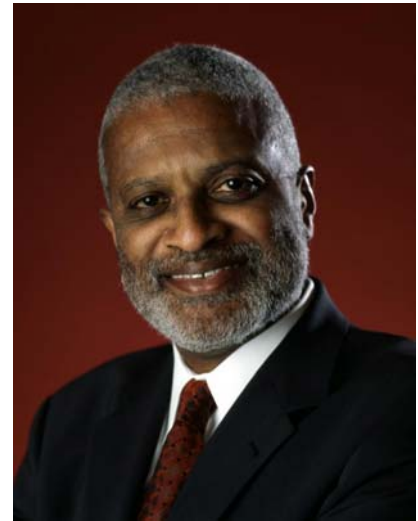
**If so,
let your "Pair-A-Docs of Health" empower you
with **informed choice** and **intelligent options**
to free yourself from your confusion.**

What we are about to share with you is an opportunity to **EMPOWER YOURSELF** and **ENGAGE YOURSELF** in an ongoing conversation about YOU and your health and the intelligent options available for improving your health care. **You are at the center** of the real, functional health care model. From that center, **you make the INFORMED choices** about the direction of your health care. **You participate in your health care** as an informed, equal partner with your health care providers. Make the choices that will improve the quality of your life by removing fear and doubt through education. Surely, this will be one of the most important steps you make in **co-creating the quality of your health** while **creating a knowledge base of information for you and your family** to use NOW!

Beginning July 8th 2009, on the **VoiceAmerica.com** broadcast network's (<http://www.modavox.com/voiceamerica/vchannel.aspx?cid=248>) **Health & Wellness channel**, the team of **Dr. Patrick Donovan** and **Dr. Herb Joyner-Bey** will co-host a timely and necessary **weekly radio show at 1PM PST/4PM EST** called "**Pair-A-Docs of Health.**" Please mark it on your calendar and be present to **learn about your health options** in life!



Drs. Donovan and Joiner-Bey, the "Pair-A-Docs," are seasoned naturopathic physicians with over **60 years of clinical and teaching experience** between them. They will open your eyes to the full scope of **preventive and integrative medicine** and the self-empowering possibilities of informed choice regarding your



health care and optimal wellness. The purpose of their radio show is to **empower you to make informed choices** as a proactive participant in your health care and the health care of your family.

Doctors Donovan and Joiner-Bey will ask, for you, **the tough, incisive questions** others are afraid to ask or would never think of asking... questions that will **help you examine the multi-faceted nature of being human and the reasons for illness**. They will openly examine lifestyle choices, belief systems, and thinking habits that create susceptibility to illness. That's right! We are talking about the link between **mind, body, spiritual, environmental, nutritional, and family/cultural concerns** and your health.

Now here is where you come in. Take a moment right now and **jot down some questions**, concerns, observations, or issues you are dealing with regarding your health and send them to info@pdonovan.com a few days before the show begins or **call in during the show**. The more questions you ask the more empowered you become regarding your health. For those that want to call, we will provide a call in number closer to the launch date.

Listen in and feel better with **"Pair-A-Docs of Health."** You do want to feel better...don't YOU? Now mark it down now on your calendar...**July 8th @ 1PM PST/4PM EST and every Wednesday** to follow at the same time. Here's the Health & Wellness channel page on the Voice America Network just click the logo.

